**Fostering reading list**

Training and ‘on-the-job’ experience will help you to become a really effective foster carer, but broadening your knowledge through wider reading can only enrich your fostering experience. Our Frequently Asked Questions will help answer some of your more practical questions, but the reading list we have put together below will help you think about some of the underlying considerations and challenges, giving you a good grounding in how to make a real difference in a child’s life.

**Could You Be My Parent?**

Written by Leonie Sturge-Moore Published by BAAF – [ISBN 9781903699829](http://amazon.co.uk/dp/1903699827) [Search on Amazon](http://amazon.co.uk/dp/1903699827)

**You’re being ridiculous: the fun and frenzy of fostering**

Written by C.E.A Forster - ISBN 9781999985806

**Foster a Child: A Guide for People Interested in Fostering**

Written by Henrietta Bond Published by BAAF – [ISBN 9781903699249](http://amazon.co.uk/dp/190369924X) [Search on Amazon](http://amazon.co.uk/dp/190369924X)

**Fostering: What It Is and What It Means**

Written by Shaila Shah Published by BAAF – [ISBN 9781903699508](http://amazon.co.uk/dp/1903699509) [Search on Amazon](http://amazon.co.uk/dp/1903699509)

**Parenting with Theraplay**

Written by Vivien Norris and Helen Rodwell – ISBN 9781785922091

**Being a Foster Family**

Written by Hedi Argent Published by BAAF – [ISBN 9781907585401](http://amazon.co.uk/dp/1907585400) [Search on Amazon](http://amazon.co.uk/dp/1907585400)

**If You Don’t Stick With Me, Who Will?**

Written by Henrietta Bond Published by BAAF – [ISBN 9781903699683](http://amazon.co.uk/dp/1903699681) [Search on Amazon](http://amazon.co.uk/dp/1903699681)

**William Wobbly and the very bad day**

Written by Sarah Naish and Rosie Jefferies – ISBN 9781785921513

**A Child’s Journey Through Placement**

Written by Vera Fahlberg Published by BAAF – [ISBN 9781873868133](http://amazon.co.uk/dp/1873868138) [Search on Amazon](http://amazon.co.uk/dp/1873868138)

**The simple guide to attachment difficulties in children**

Written by Betsy De Thierry – ISBN 9781785926396

**The Banana Kid**

Written by Valerie Mason-John Published by BAAF – [ISBN 9781905664375](http://amazon.co.uk/dp/1905664370) [Search on Amazon](http://amazon.co.uk/dp/1905664370)

**Recipes for Fostering**

Written by Andrea Warman Published by BAAF – [ISBN 978190566463X](http://amazon.co.uk/dp/190566463X) [Search on Amazon](http://amazon.co.uk/dp/190566463X)

**Attachment, Trauma and Resilience**

Written by Kate Cairns Published by BAAF – [ISBN 9781903699102](http://amazon.co.uk/dp/190369910X) [Search on Amazon](http://amazon.co.uk/dp/190369910X)

**Providing a Secure Base in Long Term Foster Care**

Written by Mary Beek and Gillian Schofield Published by BAAF – [ISBN 9781903699409](http://amazon.co.uk/dp/1903699401) [Search on Amazon](http://amazon.co.uk/dp/1903699401)

**Adopting or Fostering a Sexually Abused Child**

Written by Catherine Macaskill Published by BAAF – [ISBN 9780713467604](http://amazon.co.uk/dp/0713467606) [Search on Amazon](http://amazon.co.uk/dp/0713467606)

**Sexual abuse: The child’s voice – Poppies on the rubbish heap**

Written by Madge Bray – ISBN 9781853024870