

Our promise to you!

We promise to...

Support you to reach your goals!

- We will offer help, support and guidance so that you can achieve whatever goals you have in life.
- We will support you to attend the right school, college or university that best meets your needs so that when you leave education you can find the right job for you.

Involve you in big decisions

- We will encourage you and support you to make decisions
- We will work hard to give you any information you need to make the best decisions possible
- We will talk to you about any decisions that might need to be made for you and explain things to you if decisions are made that you're not happy with
- We will always work hard to ensure that any decisions that do need to be made for you are in your best interests
- We will find you a home that suits you and meets your needs
- We will support you when you leave foster care and help to get the best accommodation for you
- We will make sure you know how to get an independent advocate who will listen to you and support you to get things changed

Your support network

- We will help you keep contact with family, friends and other people who are important to you.
- We will explain to you why you can't keep in touch with family and friends if this is not allowed
- We will make sure you have a designated teacher in every school to help you and to make sure they know your name

Your health

- We will make sure you are registered with a doctor, optician and dentist and make sure you know their names
- We will make sure you have access to a nurse to provide you with health advice such as sexual health, mental health and well-being
- We will support and encourage you to enjoy a healthy lifestyle, take part in leisure activities and enjoy a healthy diet

Your safety

- We will give you information and advice about staying safe and will guide you in decisions that help you stay safe

- We will tell you who you can contact in an emergency

Your opinions

- We will listen to you and try to meet your needs
- We will give you all the information you need to make a complaint if you need to and to deal with your complaint as fairly as possible

When you leave foster care

- We have a team member who looks after all young people who are soon to leave foster care.
- We will support you to learn practical skills like cooking, washing and budgeting
- We will help you understand your choices, your rights and any support that is on offer to you and support you to make the most of these
- We will help you to access all the support on offer to you once you are a young adult including the provision that the Local Authority must give you

Available for you

- We will be here for you. Every team member is committed to you, your well-being and your future

You can contact us on

01206 299775 or email us at team@easternfostering services.com

You can also contact us via our [website](#).